



SPORTSMEN'S TENNIS
& ENRICHMENT CENTER

Tennis and Education for Life

JUNIOR PROGRAM

Information

2011 - 2012

Session I September 12 – December 23

August 22 – September 12 Registration period

Session II January 3 – March 18

December 20 – January 3 Registration period

Session III March 19 – June 16

March 12 - March 26 Registration period

(\$20 late registration fee will apply after the registration period)

Sportsmen's Tennis & Enrichment Center builds leaders on the court, in the classroom and in the greater community by providing academic, wellness and social development programs alongside recreational and competitive tennis instruction for youth and adults. STEC is committed to improving life opportunities for youth in Boston's Blue Hill Corridor while welcoming a diverse community from the Greater Boston area.

950 Blue Hill Ave, Dorchester MA. 02124

www.sportsmenstennisclub.org

Tel. (617)-288-9092

Fax. (617)-288-3253

See page 5 for school Vacation Week Tennis Programs

All Prices Quoted are Per Session*

Under no circumstances will there be refunds issued for families who miss days, weeks, cancel or withdraw.

Academic Enrichment Courses

A one time \$50 registration fee will be applied per school year. Please note you must participate in one of our tennis programs in order to enroll in one of our academic courses. Participants receive a 25% discount on tennis programs. No additional discounts, including sibling discounts, may be applied.

“Racquets & Reading” Sat 10:00 – 12:00 noon Pre-K – Grade 2 \$85
(Financial Assistance Available)

Students will enjoy one-on-one and guided-group -reading instruction. This class reinforces skills, strategies, and concepts taught in the classroom in the areas of reading and math. Children are encouraged to grow their problem-solving and comprehension abilities.

“Ready Position” After School Program Mon-Fri 3:00 to 6:00 pm Grades 1- 5 \$165
(Financial Assistance Available)

This class provides academic enrichment instruction and support in the areas of math, reading and writing in addition to homework assistance.

“AD-IN” Homework Assistance Program Mon-Thurs 4:00 to 7:00 pm Grades 6-12 \$85
(Financial Assistance Available)

“Ad-In” (Advantage) for middle school and high school students provides an opportunity for participants to work side by side with an academic coach. Instruction promotes continued development and growth in the areas of reading, writing and mathematics.

“Math Rally” Saturday 8:30 to 9:45 am Instructional class Grades 4-8 \$70
(Financial Assistance Available)

Students will work individually and in a group setting with an academic coach to increase math skills; learn additional problem-solving strategies; review basic operations; additional ways to approach multi-step computation and discuss mathematical reasoning. Students are encouraged to come with their math questions and exchange questions for a winning point. (Consider combining this class with **Green Tennis**, total cost \$160.00 or **USA Tennis**, total cost \$195.00 not including \$25 out of district fee if applicable)

Tennis Program

A one time \$50 registration fee will be applied per school year.

Pee Wee Tennis (4 -5 years old)

Teacher: Student: Court Ratio = 1:8:1

Monday or Wednesday 4.00 to 4.45 p.m. or 4:45 to 5:30 p.m. or Saturday 9:00 to 9:45 a.m. \$105
(Financial Assistance Available)

Pee Wee Tennis is designed for four and five year olds and serves as an introduction to tennis. The program focuses on the basic motor skills and athletic capabilities needed as a foundation not just for Tennis but for other sports. It is taught using a high energy, fun, game based approach. **If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.**

QuickStart and all that....

The USTA have followed the guidelines laid down by the International Tennis Federation (ITF), following many other National Federations and introduced a specific, structured approach to 10 & Under Tennis. In essence, all tournaments in age groups 10 & Under will use a modified format of the full game. Red and Orange level tournaments will use a lower compression ball and modified court dimensions, and Green level a lower compression ball. The overall aim is to allow young athletes to learn the game faster, and make an easier transition to the full game of tennis.

As a reflection of this change, STEC will offer programs designed with this 10 & Under structure in mind.

Red Tennis (5 -7 years old)

Teacher: Student: Court Ratio = 1:8:1 (Full Size)

One Full Sized Tennis court = 4 Red Tennis Courts

Monday or Wednesday 4.00 to 4.45 p.m. or 4:45 to 5:30 p.m. or Saturday 9:00 to 9:45 a.m. \$105
(Financial Assistance Available)

Red Tennis is designed for students aged 5 to 7 years old who have not played tennis before. It will focus on the basic motor skills and athletic capabilities needed as a foundation for tennis, and simple technical (bio-mechanics) fundamentals. Red Tennis is taught using a progressive teaching methodology combined with a high energy, game based approach. **(If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.)**

Orange Tennis (7 -9 years old)

Teacher: Student: Court Ratio = 1:6:1

Monday or Wednesday 4:00 to 5:00 p.m. or Saturday 9:00 to 10:00 a.m. \$150
(Financial Assistance Available)

Orange Tennis is designed for students aged 7-9 years old who are new to tennis, or those who have progressed from Red Tennis. It will build upon the motor skills and athletic capabilities developed in the previous stage, with an emphasis on speed, agility and quickness. Technical fundamentals will be introduced and developed alongside basic skills. Orange Tennis is taught using the same progressive teaching methodology as Red Tennis, but with an increasing emphasis on repetition tasks. **(If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.)**

Green Tennis (9 -11 years old)

Teacher: Student: Court Ratio = 1:6:1

Tuesday or Thursday 4:00 to 5:00 p.m. or Saturday 10:00 to 11:00 a.m. or 11:00 to 12:00 noon \$150
(Financial Assistance Available)

Green Tennis is designed for students who are making the transition from Orange Tennis, or those 9-11 years old who are new to tennis. The aim of Green Tennis is to ensure a smooth transition to the full game.

(If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.)

USA Tennis (10 -17 years old)

Teacher: Student: Court Ratio = 1:6:1

Tuesday or Thursday 4:00 to 5:30 p.m. or Saturday 10:30 to 12:00 noon \$210
(Financial Assistance Available)

USA Tennis is our starter program for all student athletes aged 10 & over. It is played on a full sized court with normal tennis balls, although lower compression balls are used where needed. The emphasis is on technical fundamentals, basic skills and introducing the rules of tennis. The necessary athletic capabilities are developed in relation to the age of the student. USA Tennis has two sub-groups 1) Foundation Years (ages 10-13 years old) and 2) Preparation Years (ages 14-17 years old). USA Tennis is taught using a progressive teaching methodology and repetition tasks. **(If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.)**

Tournament Tennis

Tournament Tennis is a program aimed at students starting to or currently competing in USTA sanctioned tournaments. It is split into three levels, with each level consisting of two sub-groups 1) Foundation Years (ages 10-13 years old) and 2) Preparation Years (ages 14-17 years old). All students are encouraged to register as a member of the USTA.

Tournament Tennis 3

Teacher: Student: Court Ratio = 1:6:1

Tuesday & Thursday 4:00 to 5.30 p.m. \$445 (Financial Assistance Available)

For students new to tournaments and competing in USTA Level 7 & 6 events. The Tournament Tennis 3 program enhances the technical fundamentals and teaches students complex skills and basic tactics, whilst continuing to develop their athletic capabilities. Tournament Tennis is delivered using a drill based training methodology alongside tactical learning tasks. Student athletes in Tournament Tennis 3 are strongly encouraged to participate in **Matchplay Friday**. (If you reside outside of the Boston District, a \$35 out of district fee will apply for each session.)

Tournament Tennis 2

Teacher: Student: Court Ratio = 1:6:1

Monday, Wednesday & Friday 4:00 to 5:30 p.m. \$635 (Financial Assistance Available)

For students who are regularly competing in USTA Level 5 & 4 events. Complex skills are enhanced and advanced tactics taught using a drill based training methodology, with an emphasis on tactical training tasks. (If you reside outside of the Boston District, a \$50 out of district fee will apply for each session.)

Tournament Tennis 1

Teacher: Student: Court Ratio = 1:6:1

Monday, Tuesday, Wednesday & Thursday 5:30 to 7:00 p.m. \$875 (Financial Assistance Available)

For students who are regularly competing at the higher levels of USTA sanctioned events, this intense 'academy-style' training program focuses on honing a student's game in preparation for competitive success. Tournament Tennis 1 utilizes a live-ball outcome orientated approach. Student athletes in Tournament Tennis 1 are expected to participate in **Matchplay Friday** when their tournament schedule permits. (If you reside outside of the Boston District, a \$69 out of district fee will apply for each session.)

Academy Program

Teacher: Student: Court Ratio = 1:4:1

Monday, Tuesday, Wednesday & Thursday 5:30 to 7:00 p.m. \$1300 (Financial Assistance Available)

The Academy Program is for those Student athletes who have achieved a higher USTA or international ranking and are serious about competitive tennis. This program is by **invitation only** and will incorporate intense training, athletic training, Hi-Tech analysis and Mental Conditioning. Student Athletes in the Academy Program will be competing on a regular basis. (If you reside outside of the Boston District, a \$102 out of district fee will apply for each session.)

High School Tennis Program

Teacher: Student: Court Ratio = 1:4:1

Sunday 2:30 to 4:00 p.m. \$250 (Financial Assistance Available)

The High School Tennis Program is a training program that prepares potential High School players for the Spring season. The sessions will be mainly tactic and matchplay focused, with an emphasis on the High School format. An equal amount of time will be spent on singles and doubles. This program is open to any student of High School age and eligibility. We encourage potential team mates to participate together. (If you reside outside of the Boston District, a \$25 out of district fee will apply for each session.)

Matchplay Friday

Friday 4:00 to 6:00 p.m. \$7 (per class)

Matchplay Friday is a session of organized and monitored Matchplay that will enhance the competitive level of our Tournament Players, and prepare them for competition. Student must sign-up for Matchplay Friday by 7:00pm on the previous Wednesday of each week at the front desk

Important Dates

Session I Sept 12–Dec 23 Session II Jan 3-Mar 18 Session III Mar 26- Jun 16

Please note Sportsmen’s Tennis & Enrichment Center will conduct Vacation Week Tennis Programs in accordance with both the Boston Public school Vacation schedules and Independent School Vacation schedules.

*Winter Break Tennis Program	December 19 – 23 (Program will run 9:00am to 3:00p.m.)
Winter Recess Tennis Program	December 26-30
February Vacation Tennis Program	February 20 -24
*Spring Break Tennis Program	March 19 – 23 & March 26 – 30 (Program will run 9:00am to 3:00p.m.)
April Vacation Tennis Program	April 16-20

* Denotes Independent school vacation

No Programming November 24 - 27; December 24 – January 2; January 16

Sportsmen’s Tennis & Enrichment Center will close at 3:00p.m. on the following dates: December 24 & December 31

Tennis Classes and Vacation Week Tennis Programs will be subject to cancellation if enrollment is less than 6 students.

Sportsmen’s Tennis & Enrichment Center Coaching Staff continually evaluates the performance level of our Juniors. Based on this evaluation a student may move up or down a level. The coach’s recommendations are the determining factor in this process. Please feel free to talk to your child’s coach, off court, with any concerns.

Summer Camp 2012

July 2, 2012 – August 24, 2012

Registration begins February 1, 2012

Pay for 7 weeks of camp by June 16, 2012 and receive the 8th week free

STEC Registration Form

Note: If classes do not fill to acceptable capacity, that class may be canceled

New Student Returning Student USTA Member Y/N USTA #: _____
 How did you learn about our program? Ad Referral Website Child's school Walk-In

Name: _____ Male: _____ Female: _____

D.O.B: ____/____/____ Age: _____ Ethnicity: _____

Address: _____ Town: _____ Zip: _____

Telephone: _____ Alternate Number: _____

School: _____ Boston Public School? Y/N Free/Reduced Lunch Y/N

Grade: _____ Family Email: _____

Health Care Provider: _____ Subscriber #: _____

Emergency Contact: _____ Phone Number: _____

Relationship: _____ Food Allergy: _____ Medicine Allergy: _____

Parent/Guardian Print Name: _____ Parent/Guardian Sign: _____

Program(s)		Day(s)	Time	Amount
Annual Registration Fee		\$50.00		
Non-Boston Residency Fee				
Late Registration Fee		\$20.00		
Total				

Check appropriate Session: I__ II__ III__

Payment Method: Cash Check Credit Card Voucher

Participant, parents/guardians hereby agrees to indemnify and hold harmless Sportsmen's Tennis & Enrichment Center, its staff, directors, volunteers, members and representatives from any and all harm arising from participation in any and all Junior Program activities, including, but not limited to tennis, field trips, travel to and from STEC and field trip locations. Your signature indicates that this student is in good health and able to participate in all Junior Program activities. _____ (initial)
STEC has my permission to use photos/ videos of my child in Sportsmen's Tennis & Enrichment Center Promotions. _____ (initial)
Under no circumstances will there be refunds issued for students who miss days, weeks, cancel, withdraw, or are dismissed for behavioral issues which warrant dismissal as established by Sportsmen's Tennis & Enrichment Center staff. _____ (initial)